



WELCOME!

**Chat In: What is a positive message
you've heard recently that
someone else may want/need to
hear today?**



Connecting Play to Social Emotional Learning
October 28, 2020



CONNECTING PLAY TO SOCIAL EMOTIONAL LEARNING



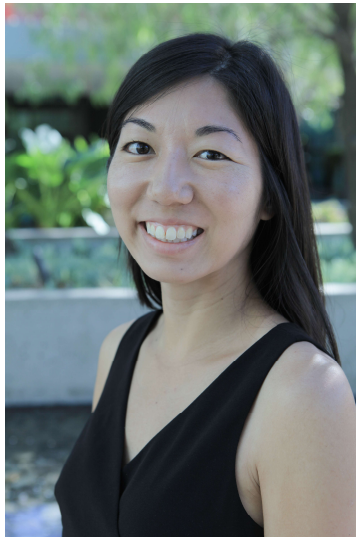
Nicki Brown, Program & Community Outreach Director
Kara Kusunoki, Executive Director
Karla Tactay Teixeira, Program & Site Assistant
Read To Me International



CO-PRESENTERS AND MODERATOR



Nicki Brown
Program & Community Outreach Director

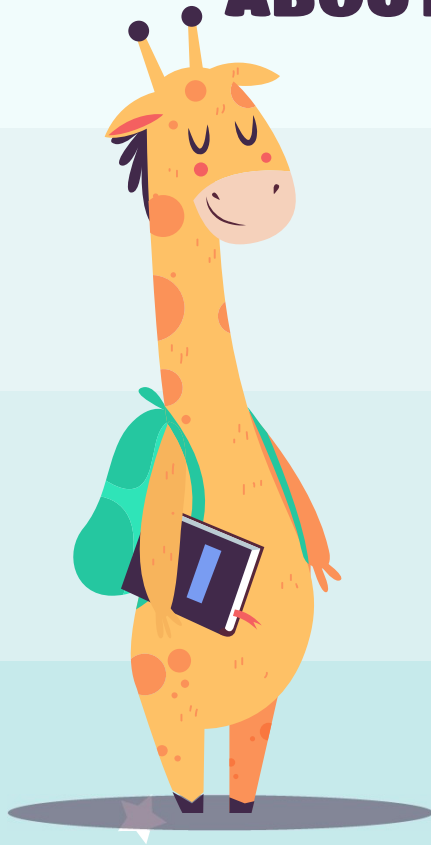


Kara Kusunoki
Executive Director



Karla Tactay Teixeira
Program & Site Assistant

ABOUT READ TO ME INTERNATIONAL



Mission: To promote the love and joy of reading aloud



Offers parent-coaching programs, community events, national-quality conference



Goal: Every child will be read aloud to daily



TODAY'S WORKSHOP GOALS

**Learn and practice strategies to
address children's social-
emotional needs and growth**



HOUSEKEEPING & REQUESTS

01

Recorded Session

Camera on or off – it's up to you

02

Mute Requested

Microphone off (for now)

03

Breakout Rooms

Discussion/Participation

04

Chat

Chat in ?s and/or comments



★ A QUICK EXERCISE

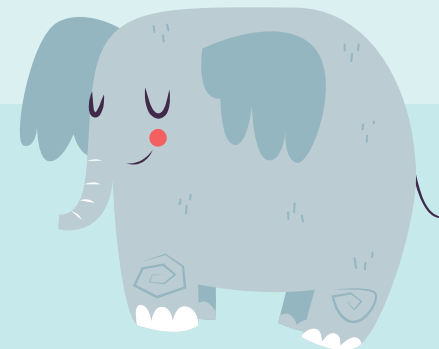
One Nostril Breath

- Have child place a finger over one nostril to breathe in
- Place a finger over the other nostril to breathe out



Bumblebee Breath

- Sitting comfortably, breathe in for 4 seconds
- While breathing out, make buzzing sound



WHAT IS SOCIAL AND EMOTIONAL LEARNING (SEL)?



★ VIDEO



★ Source: Collaborative for Academic, Social, and Emotional Learning (CASEL)

CONSIDERATIONS

PROCESS



**Knowledge
Skills
Attitudes**



Develop healthy Identities

Manage Emotions

Achieve personal & collective goals

Feel & show empathy

Establish & maintain supportive relationships



Make responsible & caring decisions

**‘A‘ohe pau ka ‘ike i ka hālau
ho‘okahi.**

All wisdom is not taught in your school.

KK1



BREAKOUT ROOMS

What is one challenge or question you have
when supporting your child's/student's
emotional growth?



Does anyone in the room have a suggestion
to address the challenge/question?



Assign someone to share out with the whole group.



Slide 11

KK1

Breakout Room Question

Kara Kusunoki, 10/21/2020



SHAREOUT

Recap some of the challenges,
questions, and/or solutions people had
regarding supporting children's
emotional growth.



★ Pom Pom Jars

A Jar Full of Feelings



A simple sensory regulation activity that helps children get in control of their emotions!

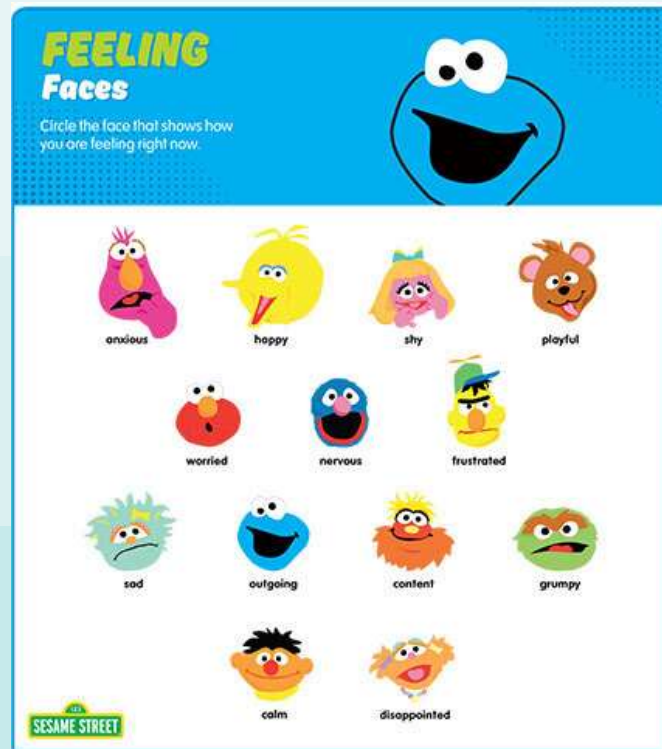
MosswoodConnections.com

-Individual -Classroom



★ Emoji Print-Outs

Caribu App - <https://app.caribu.com>





» **Dance and Movement**

Zoom Zoom Zoom

Zoom, zoom, zoom
We're going to the moon
Zoom, zoom, zoom
We're going to the moon
If you want to take a trip,
Climb aboard my rocket ship
Zoom, zoom, zoom
We're going to the moon
5, 4, 3, 2, 1
BLAST OFF!

One more time, WHISPER



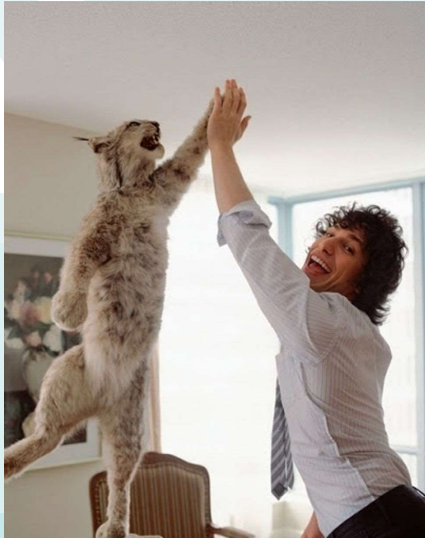
Virtual Hug/High-Five

ghost hug!



you can't feel it,
but it's there!

chibird



REACH FOR THE STARS AND OTHER ADVICE FOR LIFE'S JOURNEY

by Serge Bloch



Slide 17

KK2

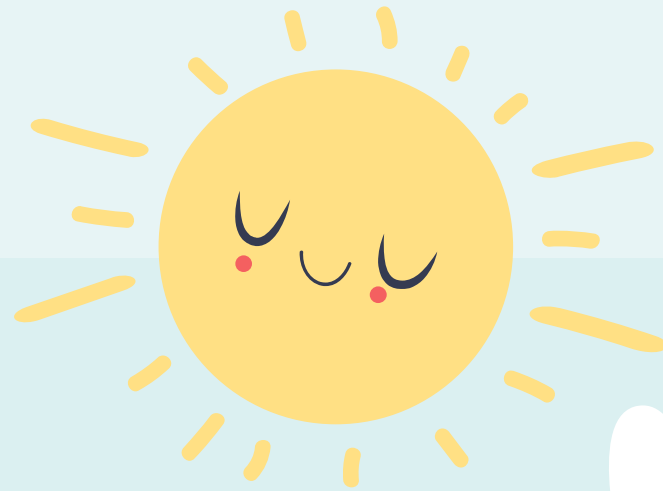
Nicki's strategies go before this slide.

Kara Kusunoki, 10/21/2020



SHARING SPACE

What other
strategies do you, or
can you, use?



MAHALO!

Questions? Additional comments?

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